

TWINS CONGRESS 2025



INSTITUTE FOR RESEARCH AND DEVELOPMENT IN HEALTH AND SOCIAL CARE

The Twins Congress 2025, held from August 10 to 12, 2025, at the Cinnamon Grand Hotel, Colombo, Sri Lanka, was a resounding success. This landmark joint event brought together the 8th World Congress on Twin Pregnancy and the 20th Congress of the International Society for Twin Studies (ISTS), uniting researchers, clinicians, and students from around the world to exchange cutting-edge knowledge in twin research, spanning genetics, maternal health, and beyond.

Hosted by the Institute for Research and Development in Health and Social Care and the Sri Lankan Twin Registry, the congress featured inspiring keynote addresses, interactive workshops, and dynamic networking opportunities, fostering collaboration among experts from over 30 countries.









A TRADITIONAL
CEREMONIAL DANCE WAS
PERFORMED BY TWINS

Twins 2025

"Twins in Science and Society: Bridging Multiple Frontiers"

The Joint 4th World Congress on
Twin Pregnancy:
A Global Perspective

& The 20th Congress of the
International Society for
Twin Studies (ISTIS)

AUGUST 11-12 2025

Centennial Grand Hall, California, California



TWO WIN
Twin Pregnancy

ACADEMIC

CONFERENCE





CEREMONIAL EVENT

The inaugural ceremony of the International Twin Congress was held on 11th August 2025 at the Cinnamon Grand Hotel, Colombo. The event was graced by Hon. Dr. Krishantha Abeyseana, Minister of Science and Technology, as the Chief Guest. H.E. Andrew Patrick, the British High Commissioner, also attended the occasion as a Guest of Honor.





Twins 2025

"Twin to Advance and Inspire: Designing Multiple Futures"

The World of Future Designers
Twin Propulsion & International Society for Twin Studies (ITIS)



AUGUST 10 11 12 2025

Grand Hyatt Hotel, Cantonment, Sri Lanka

ONSITE REGISTRATION

Twins 2025

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Twin Propulsion & International Society for Twin Studies (ITIS)



AUGUST 10 11 12 2025

Grand Hyatt Hotel, Cantonment, Sri Lanka

REGISTRATION -
LANKAN DELEGATES

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REGISTRATION -
RESOURCE PERSONS









TWIN CULTURAL PERFORMANCE

In parallel with this International Twin Research Congress, dance and musical performances selected from the cultural showcase of "Twin Talent Fest" held in June 2025 were also presented during the conference. That was the specialty of it.





A HISTORIC FIRST FOR SRI LANKA AND ASIA

Professor Athula Sumathipala, Director of the Institute for Research and Development (IRD), and also currently serving as the Secretary General of the International Society for Twin Studies, has been appointed as the new President of the International Society for Twin Studies (ISTS), becoming the first Sri Lankan and notably the first Asian in over 40 years since the founding of ISTS in 1974 to hold this prestigious position.





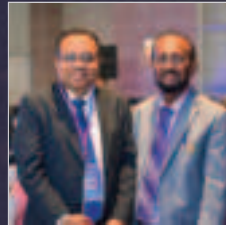
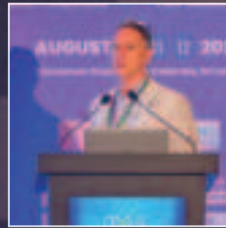


REGISTRATION ON FIRST DAY





GENETICS AND MOLECULAR BIOLOGY | CONGRESS SESSION





SCIENTIFIC SESSIONS TWINS CONGRESS 2025

The scientific programme of TWINS Congress 2025 offered a comprehensive multidisciplinary exploration of contemporary twin research through keynote lectures plenary talks parallel sessions workshops and free paper presentations. Over three days the sessions reflected both global advances and regional perspectives in twin studies.

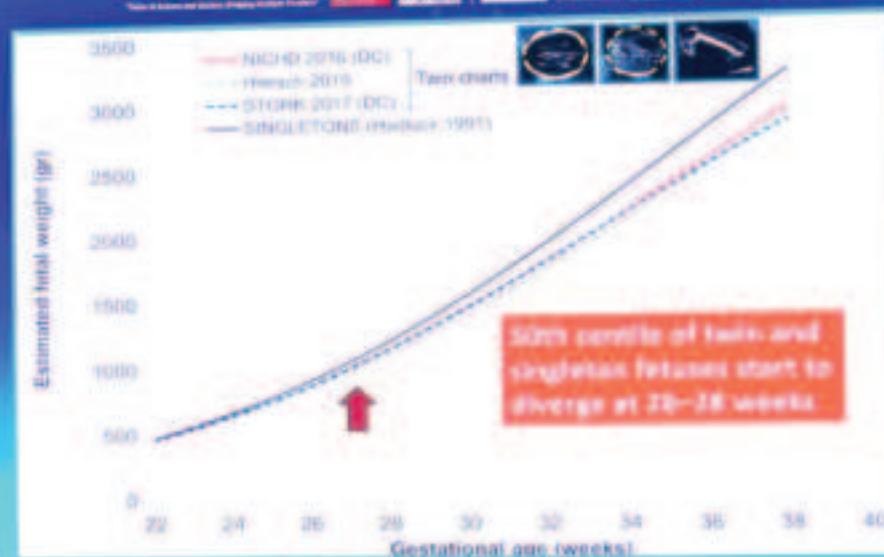
Keynote and plenary sessions addressed major themes including genetics and genomics epigenetics assisted reproductive technologies fetal growth restriction twin transfusion syndrome and perinatal outcomes. Parallel tracks enabled focused engagement on maternal and fetal health clinical and perinatal outcomes psychological wellbeing of twins and families and emerging genomic technologies. Specialised sessions such as the Bulmer Symposium the Professor John Hopper Memorial Session and workshops on twin data analysis and bioinformatics highlighted methodological advances and the legacy of twin research. Dedicated forums on ethics governance community engagement and equity addressed contemporary challenges including digital twins data sharing and responsible innovation.

Sessions organised with professional bodies and advocacy groups including AFOG SLCOG and ICOMBO strengthened links between research clinical practice and lived experience. Collectively the programme fostered rigorous scientific exchange interdisciplinary collaboration and a shared vision for the future of twin research.





MATERNAL AND FETAL TRACK | CONGRESS SESSION





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The joint 8th World Congress on Twin Pregnancy: A Global Prospective & The 20th Congress of the International Society for Twin Studies (ISTS)

hosted by



In Collaboration with



AUGUST 10 11 12 2025

Cinnamon Grand Hotel, Colombo, Sri Lanka

ICOMBO Workshop

ICOMBO | CONGRESS WORKSHOP



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"Twins in Science and Society: Bridging Multiple Frontiers"



COMMUNITY ENGAGEMENT AND INVOLVEMENT (CEI) AND KNOWLEDGE DISSEMINATION | CONGRESS SESSION



Twins 2025

"Twins in Science and Society: Bridging Multiple Frontiers"

The 10th World Congress on
Twin Pregnancy:
A Global Perspective

&

The 20th Congress of the
International Society for
Twin Studies (ISTS)

Hosted by



AUGUST 10 11 12 2025

Cinnamon Grand Hotel, Colombo, Sri Lanka

In Collaboration with





25 YEARS OF SRI LANKA TWIN RESEARCH, ETHICS, CEI AND CAPACITY BUILDING CONGRESS SESSION







FOUNDATIONS OF TWIN DATA ANALYSIS | CONGRESS WORKSHOP





ASIA & OCEANIA FEDERATION OF OBSTETRICS & GYNAECOLOGY (AOFOG) | CONGRESS SESSION



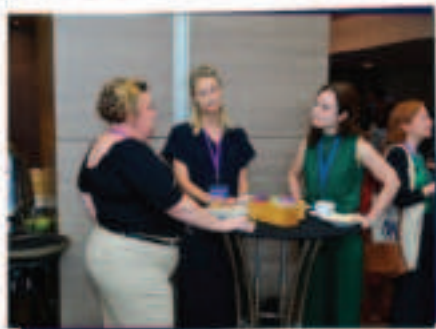


PERINATAL DEPRESSION - TWINS AND BEYOND: ADVANCING PERINATAL DEPRESSION RESEARCH THROUGH GENETICS AND ENVIROMENTAL INSIGHTS





FREE PAPER PRESENTATIONS







TWIN CULTURAL PERFORMANCES AT THE CEREMONIAL EVENT





Twins 2025

"Twins in Science and Society: Shaping the Future of Research"

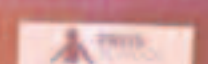
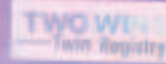
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In Collaboration with:







THE CORE ORGANIZING TEAM OF THE TWINS CONGRESS 2025



THE TEAM BEHIND OUR JOURNEY

